

# **The Development and Application of Dance Techniques of Minority Nationalities in Yunnan**

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**Abstract:** with the continuous development of China's economy and the advancement of world economic globalization, there are various factors threatening the survival of "national culture" in society. Therefore, the protection of national culture and the importance of traditional culture in the world gradually increased. Yunnan minority dance is an important part of China's national culture. Now it has been listed in the world's national culture catalogue. However, while promoting cultural exchanges in China, Yunnan minority dance has encountered a serious survival crisis. In this era of economic benefits, how should we effectively protect and inherit Yunnan minority dance? This has become an important problem facing our government. This paper briefly describes the current situation of Yunnan minority dance and the various problems it is facing, and analyzes the feasibility of the development of technical skills of Yunnan minority dance. This paper explores the development and application of the technical skills of Yunnan minority dance through understanding the characteristics of the technical skills of Yunnan minority dance.

## **1. Introduction**

With the improvement of people's living standard, great changes have taken place in people's minds. People's pursuit of material and spiritual aspects is also greatly different from the past. With the change of times, Yunnan minority dance is facing a series of problems. The relevant government should fully grasp the current situation of minority dance in Yunnan and put forward effective measures to solve the existing problems.

## **2. Current situation of minority dance in Yunnan**

Yunnan is in the southwest of our territory. There is a complex geographical environment, the scenery is very attractive, is a major tourist attraction in China. In this beautiful land, there are 26 nationalities. The culture of these nations has jointly created the national dance art, each nation has its own different dance. Everyone within a nation can dance the dance of his own nation. A variety of ethnic dances have made Yunnan ethnic dance a "treasure of the world ethnic art" [1]. In the dance of Yunnan minorities, many dances are listed in the catalogue of intangible cultural heritage of China.

## **3. Problems faced by minority dance in Yunnan at present**

### **3.1 Excessive commercialization leads to the loss of artistic quality of dance**

We live in an era of economic interest. In such an era, many things have been commercialized, and the dance of Yunnan minorities is no exception. Yunnan minority dance is a form of artistic expression. When art becomes commercial, then art will no longer be art. At this time, the so-called art is only a body, the connotation of art has been lost. For example, some tourist attractions in Yunnan, in order to reduce costs, do not hesitate to let the same person change clothes, even the dance movement has not changed to pretend to be different national dance. These so-called dances are all screened and changed in the original ethnic dances in order to attract tourists' attention. At this time, the dance only has the external form, no internal artistic atmosphere, so that tourists can

not touch the real national art.

### **3.2 Foreign culture occupies the position of dance in people's mind**

The so-called foreign culture refers to some values and aesthetic values from outside the nation. China strongly advocates cultural exchanges, because cultural exchanges can effectively communicate the cultures of various nationalities and constantly produce sparks of ideas. This is conducive to promoting the better development of each nation's own culture. However, cultural exchange also has its disadvantages. For example, some unique houses built by ethnic minorities have been replaced by some small buildings. Some of the names of ethnic minorities with traditional meanings have been changed into attractive ones, such as "creative Britain", "Paris square" and "Venice town". Some married couples gradually abandon the traditional Chinese wedding, and the use of western wedding; People attach great importance to Christmas, valentine's day and Easter in foreign countries, and ignore domestic festivals, etc. [2]. These disadvantages brought about by cultural exchange have a great impact on the inheritance of minority culture in China. Some ethnic minorities are no longer willing to come out and dance together, but choose to go to bars to enjoy their time, resulting in many ethnic minority dances are lost or on the edge of being lost.

## **4. The feasibility of the technical skills development of Yunnan minority dance**

### **4.1 Advantaged environment and atmosphere.**

Yunnan is made up of 25 nationalities. There are many kinds of dances with different characteristics. The bold creation of minority dance students in this resource-rich environment can provide abundant resources for Yunnan dance colleges and promote the cultivation of excellent dance professionals in Yunnan dance colleges and universities.

### **4.2 The folk dance in Yunnan conforms to the teaching content of our country.**

Yunnan minority dance contains a large number of ethnic cultural atmosphere and artistic connotation, which can effectively cultivate the cultural and artistic characteristics of students. Yunnan dance resources are rich, can bring a lot of dance materials for students. It can not only promote students into the life of ethnic minorities, but also improve their comprehensive quality;

### **4.3 Yunnan's folk dances are learnable.**

Yunnan minority dance has its own unique technical skills. Therefore, they form different styles of dance. Yunnan dance academy teaches students the technical skills of minority dance. The technical skills of every dance are reflected in the rhythm, style, movement and culture of the dance. In this way, Yunnan dance colleges and universities provide a lot of teaching materials to promote the development of dance teaching activities in Yunnan colleges and universities; This can enhance students' national consciousness [3].

## **5. The characteristics of Yunnan minority dance techniques**

### **5.1 National character**

The culture of a nation must have its national character, and it is no exception to the dance of Yunnan minority nationalities. A nation's culture is developed and inherited by history in the process of evolution. It determines the distinctive characteristics of this nation. Therefore, national culture is the most basic and fundamental thing of a nation. Nationality is particularly important for national culture. It embodies the value of national culture and is the prerequisite for the development of national culture. Nationality of art refers to an artistic process that shows the living conditions of people of a nation through its own characteristics. Art should maintain a certain degree of uniqueness, not uniformity. Otherwise, it will make people feel visual fatigue. Yunnan minority dance is a kind of art. The technical skills of dance are promoted and processed on the premise of

nationality. Therefore, Yunnan minority dance must have nationality.

## **5.2 Style**

What is style? Style refers to the artistic characteristics embodied by the masters of works of art in their works of art. The style of dance refers to the artistic characteristics embodied in dance works. It can reflect the author's creative personality. The style of Yunnan minority dance depends on multiple factors, including the country, nationality and era. Ethnic minorities 'own personality, life experience, aesthetic taste and so on [4]. Only by incorporating the style of Yunnan ethnic minorities into Yunnan ethnic minority dance skills, can people who inherit ethnic minority dance skills get the essence of it in depth. The inheritors of Yunnan minority dance should constantly master various styles of Yunnan minority dance techniques and make contributions to inheriting the cause of Yunnan minority dance.

## **5.3 Uniqueness**

The dancing techniques of Yunnan ethnic minorities have their own uniqueness. In the process of training minority dance skills, learners need to combine the body with the uniqueness of dance. Only in this way can learners make dance skills more practical. The technical skill of minority dance is to use human body to make dancing more complicated and make vision produce great impact. It allows the viewer to enjoy the beauty of vision while watching the dance. The unique technical skills of Yunnan minority dance make Yunnan minority dance have its own unique style, so that people pay attention to it.

## **6. Inheritance and Development of Dance Skills of Yunnan Minorities**

### **6.1 Ethnic minorities in Yunnan are handed down from generation to generation**

Like the Han nationality, ethnic minorities in China have many festivals. In the festivals of ethnic minorities, or in the holding of some large-scale activities, or just when spring comes and the fruits are ripe to express a happy mood, we can all see the graceful dance of ethnic minorities. For example, Tibetan compatriots often gather around the fire and hand in hand with Heishui dance on festivals. Dai compatriots not only splash water, but also dance elephant foot dance during the Water Sprinkling Festival. In addition, there are many ethnic minorities who have their own unique dance. In the minority areas of Yunnan, most of these unique and beautiful dances are handed down from generation to generation by the local minorities. If not, the dances of these minorities would not have been seen in the world. This ancient and primitive way of inheritance has greatly enriched the material culture of ethnic minorities in China.

### **6.2 Inheritance and development through folk artists**

There are some people who love minority dance very much in the world. They are very enthusiastic about learning minority dance, but also have a very strong ability to innovate. People call people in groups with such characteristics as folk artists. Folk artists have a higher pursuit of minority dance. They spend a lot of time and energy to cultivate their own technology, which provides an endless stream of vitality for our national minority dance, and promotes our national minority dance to continue to inherit and develop. [5] For example, the peacock dance brought by Yang Liping makes people enjoy the beauty of silence visually, and makes people begin to pay more attention to the Dai peacock dance. In fact, the peacock dance on the stage is only the tip of the iceberg in the real peacock dance. It is just some clips intercepted because of the performance. In the local area, there are still some older people who continue to carry on the inheritance of the things handed down by their ancestors. These people use themselves. Efforts and sweat have inherited and developed the most primitive state of peacock dance.

### **6.3 Developing Yunnan Minority Dance through Tourism**

In recent years, China's tourism industry has been growing, and Yunnan is one of the key tourist attractions in China. This is not only because Yunnan's natural scenery is very beautiful, but also

because of the customs and customs of the local minorities, the material culture left behind and so on. Most importantly, Yunnan ethnic minorities are very enthusiastic about foreign guests. These common factors have contributed to the development of tourism in Yunnan. It not only promoted Yunnan's economy, but also inherited Yunnan minority dance to a certain extent. For example, when tourists go to Yunnan minority areas for tourism, they are usually invited to eat at their homes by Yunnan minority locals. They prepare local delicacies for their guests. After dinner, they will light a fire outside the house, and the local people will invite guests to dance around the fire. The scene is very lively. Some tourists may be very interested in dancing. When they go back, they will unconsciously add minority dance movements to it. This imperceptibly inherits and develops the dance of ethnic minorities in China.

#### **6.4 Developing ethnic dances through continuous creation of artistic forms related to ethnic minority dances in Yunnan**

Ethnic minority dances are mostly presented in the form of stage in people's eyes, many of which are very classical. Some dances have attracted great attention, such as "Impression of Yunnan", "Peacock", "Lishui Jinsha", "The Sound of Yunnan" and so on. Through artistic creation, this series of Yunnan minority dance has continuously developed the techniques and techniques of Yunnan minority dance, which has been inherited and promoted to the greatest extent.

### **7. The Application of Yunnan Minority Dance Skills in Teaching**

The teaching of Yunnan minority dance techniques can train students' abilities in various aspects, such as physical fitness, aesthetic interest, dance techniques and so on. Nowadays, the teaching of national dance incorporates dance technical skills into the teaching content. It is a training mode to train students' dance after countless practices and various processing. Dance needs basic skills. In the aspect of minority dance teaching, colleges and universities should strengthen the training of students' basic dance skills. We should integrate the theory of minority dance into the training of dance skills, so that students can better understand the dance movements and make better dance skills. This will not only strengthen the physique of students, but also enable students to better inherit minority dance.

### **8. The Application of Yunnan Minority Dance Skills in Dramas**

Ethnic minority dances are mostly presented in the form of dramas in people's sight. The most important part of the repertoire is the application of dance techniques. The use of dance techniques can make the drama reach its climax and bring a wonderful visual experience to the audience. The dancing technique of Yunnan minority dance is essentially a delicate artistic processing of simple dancing movements and a single form of life. Combining the performers' national costumes and the unique national music, the minority dance skills can well show the emotions that the dance itself wants to express, and constantly fascinate the audience.

### **9. Conclusion**

Culture is the direct embodiment of a nation's value. Yunnan contains 25 nationalities, each of which has its own unique culture. For minority dance, it is a form of culture. Times are changing, but for these intangible cultural heritages, people should protect and inherit it. We can inherit Yunnan minority dance through many channels. Some traditional artists still adhere to their original intention, silently contributing to the inheritance and development of Yunnan minority dance. With the continuous integration of Yunnan minority dance into teaching, more and more young people begin to pay attention to and learn Yunnan minority dance. Hope this can bring new life to the national dance.

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